

Stepnout Performing Arts-Timetable 2019

PRESCHOOL TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Classes	Sunday Classes
9.30-10.15 Kinder Kids	9.30-10.15 Delightful Tots	10.30-11.15 Kinder Kids	10.30-11.15 Delightful Tots	10.30-11.15 Kinder Kids	9.00-9.45 Fairies/Elves-S1	9.30-10.15 Kinder Kids/Tots
10.30-11.15 Fairies/Elves	10.30-11.15 Fairies/Elves	11.30-12.15 Fairies/Elves	11.30-12.15 Fairies/Elves	11.30-12.15 AcroDance	10.00-10.45 AcroDance	10.15-11.00 Fairies/Elves *
11.30-12.15 AcroDance	11.30-12.15 AcroDance	12.30-1.30 Jitterbugs	12.30-1.15 AcroDance	12.30-1.15 Fairies/Elves	10.45-11.45 Jitterbugs*	11.00-12.00 Jitterbugs*
12.30-1.15 Hip Hoppers	12.30-1.30 Jitterbugs		1.30-2.30 Jitterbugs			
1.30-2.30 Jitterbugs						

Preschool

Delightful Tots (18mths-3yrs)	The Delightful tots class is designed with parent interaction in mind, but this can depend on the child, sometimes you'll just sit and enjoy the class at others you can get more involved! The class involves a range of activities including song, dance, gym circuits (perceptual motor program) and music in a fun atmosphere with positive encouragement. Parental assistance
Kinder Kids (3-4yrs)	Although this class is designed to help children work independently, we recognise that some children will take longer than others to cope with the separation and independence of this class. The class involves a range of activities including song and dance, gym circuits (perceptual motor program) and music in a fun atmosphere with positive encouragement. No parental
Fairies & Elves (3-4yrs)	Little Fairies & Elves classes start by combining coordination with dance and progress to a full dance class. Children learn the first lessons for classical ballet & jazz and work towards performing routines by the end of year. This is a class where fun and discipline go hand in hand. The ATOD preschool syllabus is introduced in this class to lay the foundations for a
Hip Hoppers (3-5yrs)	Our Hip Hopper class is designed for boys & girls 3-5yrs who are ready to move and groove but may also need further development with coordination skills. This class involves a range of activities including dance and gym circuits. No parental assistance required. Suits children ages 3-5 years and is a fun and relaxed class that's great for children who are ready to dance.
AcroDance Preschool (3-4yrs)	We are excited to be introducing Acrodance Preschool Program. This class is designed to introduce physical literacy, coordination, creative movement and basic acrobatic skills to students aged three to five years. This class can be taken on its own or as an extension class to our Fairies & Elves, Hip Hoppers, or Jitterbugs class to help with strength and Co-ordination
Jitterbugs (4-5yrs)	Our Jitterbugs program is an extension of Little Fairies and incorporates ballet, jazz and tap. This is a class where fun and discipline go hand in hand. The ATOD syllabus is extended to include tap to lay the next foundations for a creative technical dancer. This class is involved in all Kids & Teens events at the studio. No parental assistance required. Students must be

Term Fees per class (Based on a 10 week term) - 45 min class- \$150.00, 1hr class -\$165.00, These fees are non refundable.

Performance packs All classes listed above have a compulsory performance pack payment added each term. This fee is non refundable. Packs include, Yearly insurance fee, Medal, DVD, Photo Disc, Costume Hire for Fairies and above classes.

Discounts Capped Family Rates - Please enquire at studio, Class discounts for multiple classes will apply for one student of \$15.00 per class discount

New for 2019 ONLY (AcroDance Preschool Extension Classes) Preschooler's doing Kinder, Fairies & Elves, Hip Hoppers or Jitterbugs wishing to take a AcroDance preschool class as an extension program in 2019 will get a disc

Please inquire through the office for all your invoice information as each class or circumstance will be different.

[Click Here- Class Registration to book your class online](#)

www.stepnout.com.au	PH: 97416930	E: info@stepnout.com.au	Studio Address: Factory 10, 61-65 Russell St Werribee	Studio Open 7 days	Office 9-5 Mon-Sat

Stepnout Performing Arts-Timetable 2019

KIDS, TEENS & ADULTS - STUDIO 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday Classes
1.30-2.30 Jitterbugs	12.30-1.30 Jitterbugs	12.30-1.30 Jitterbugs	1.30-2.30 Jitterbugs	4.00-5.30 Glee Club #1/2	9.00-10.00 Ballet #2	9.00-9.30 Private Lesson
4.00-5.00 Ballet Beg #1 F	4.00-5.00 Ballet #4 (Invited)	4.00-4.30 Tap #3 (Lou)	4.00-5.00 Ballet #2	5.30-7.00 Glee Club #3/4	10.00-10.45 AcroDance	9.30-10.15 Kinder Kids/Tots
5.00-6.00 Tap/Jazz Beg #1 F	5.00-5.45 Hip Hop #1	4.30-5.30 Hip Hop #3	5.00-6.00 Ballet #1	7.00-9.00 Private Singing	10.45-11.45 Jitterbugs*	10.15-11.00 Fairies/Elves *
6.00-7.00 Ballet # 2 (Invited)	5.45-6.30 Hip Hop #2	5.30-6.30 Hip Hop #5	6.00-7.00 Ballet #4 B		11.45-12.45 Jazz/Tap #1	11.00-12.00 Jitterbugs*
7.00-8.00 Contemporary #3	6.30-7.30 Ballet #4	7.30-8.30 Hip Hop #4	7.00-8.00 Contemporary #4		12.45-1.15 Lunch Break	12.00-12.30 Lunch Break
	7.30-8.30 Ballet #5	8.30-9.30 Contemporary #5			1.15-2.45 Acrobatics Arts #3	12.30-1.15 Ballet #1/2
	8.30 -9.30 Pre/Pointe (Invited)				3.00-3.45 Rythym Works #1/2	1.15-2.15 Acrobatcis #1/2
					4.00-4.45 Rythym Works #3/4	2.15-3.15 Jazz/Tap #1/2

KIDS, TEENS & ADULTS - STUDIO 2

Monday (Ashley)	Tuesday (Ashley)	Wednesday (Ashley)	Thursday	Friday	Saturday	Sunday Classes
4.00-6.00 5-11yrs Tech	4.00-5.30 Mini Elite Team	4.30-5.30 Jazz #3	4.00-5.00 Jazz & Tap #2 (Lou)	4.00-5.30 Acrobatic Arts #1	9.00-9.45 Fairies/Elves *	Solo Development Programs
6.00-9.00 12+yrs Tech Training	5.30-6.30 Elite Acrobatic	5.30-6.30 Jazz #4	5.00-6.00 Tap #4	5.30 - 7.00 Acrobatics Arts #2	9.45-10.45 Ballet #1 F	
	6.30-8.30 Jnr Elite Team	6.30-7.30 Acrobatics #4	6.00-7.00 Tap #5	7.00 -8.30 Acrobatics Arts #3	10.45-11.45 Acrobatics #1/2	
		7.30-8.30 Jazz #5	7.00-7.45 Jazz Fitness Adult		11.45-12.45 Jazz/Tap #1 F	
			7.45-8.45 Tap Adult		12.45-1.45 Hip Hop #2/3	

Kids & Teens Levels and Ages (guideline only- ages vary depending on ability)

#1 Foundation	5-7yrs	#1	5-7yrs	# 2	7-9yrs	# 3	10-12yrs	# 4	12-14yrs	# 5	15+yrs	Adults
---------------	--------	----	--------	-----	--------	-----	----------	-----	----------	-----	--------	--------

Fees

Term Fees per class - (Based on a 10 week term) - 45 min class -\$150.00, 1hr class -\$165.00, 1.25hr - 190.00, 1.5hr class- \$215.00, 2 hr class-\$265.00, 2.5hr class- \$315.00 ,3hr class-\$365 These fees are non refundable.

Performance Packs - All classes listed above have a compulsory performance pack payment added each term. This fee is non refundable. Packs include, Yearly Insurance fee, Medal, DVD, Photo Disc, Costume Hire for Fairies and above classes.

Discounts - Capped Family Rates - Please enquire at studio. Class discounts for multiple classes will apply for one student of \$15.00 per class discount

Please inquire through the office for all your invoice information as each class or circumstance will be different.

[Click Here- Class Registration to book your class online](#)

www.stepnout.com.au	PH: 97416930	E: info@stepnout.com.au	Studio Address: Factory 10, 61-65 Russell St Werribee	Studio Open 7 days	Office 9-5 Mon-Sat
--	--------------	---	---	--------------------	--------------------

Stepnout Performing Arts-Timetable 2019

Elite Teams

Elite Teams (Minis) - Invitation Only	Elite Teams are Invitation Only. Students in Elite teams must take advised compulsory classes and can also pick up any other classes they enjoy to compliment their dancing. Please enquire if interested. We do not hold yearly auditions potential students will be invited to trial within the class as requested. Compulsory classes are: Technical Training, Ballet, Elite Team & Elite Acrobatics. Other classes may be taken but are not deemed compulsory.
Elite Teams (Juniors) - Invitation Only	

Kids, Teens & Adults Classes

Acrobatic Arts	Acrobatic Arts is a combined Acrobatics and dance Technical class. Acrobatics is not simply gymnastics, it is a way to safely incorporate balance, strength, flexibility and tumbling for dancers with safe progressions.
Acrobatics	Acrobatics is an elective subject, this means students MUST be enrolled in a core subject of Technical Training, Ballet or Jazz. Acrobatic Arts is designed with the dancer/performer in mind, by blending classical dance with acrobatic elements while preparing them to execute skills safely on a hard stage floor. Some of the skills look similar to gymnastic elements but are they trained differently to accommodate for the difference in flooring. The top concern of every Acrobatic Arts Certified Teacher is to train dancers safely with strong technique. A safe dancer is a healthy dancer.
Adults	Whether you want to improve your fitness, brush up on old dance skills or just get out and be social in a fun setting, dance classes are a fun activity to try with friends or a partner, and they'll help improve your overall health and vitality.
Ballet	We start by developing the basic balletic exercise for feet, legs, hands and arm extensions, both at the barre and in the center. Then we move onto skills requiring focus on co-ordination, strength and control in all five ballet positions, also including adagio, allegro and progressions across the floor. Ballet is the foundation to many styles as it supports correct alignment and posture that can be carried over.
Contemporary	Contemporary is an expressive dance form with a free, artistic and creative feel. Contemporary draws a lot of its technique from classical ballet but unlike ballet, contemporary often focuses on floor work and dancers will usually perform with bare feet. This class is an extension of ballet and therefore a ballet class must be taken to enhance technique
Glee Club (Musical Theatre)	We focus on singing, acting and theatre skills and Jazz dance in our programs. Students learn how we can combine these all art forms to tell stories. These classes help give students a broad knowledge of the art form covering a vast range of styles and shows as well as helping them build confidence and discover where their skills lie.
Hip Hop Classes	Mixing incredible athletics with intuitive rhythm control our Hip-Hop lessons are a fun and extremely popular class for boys and girls. Learn the latest moves from your video clips and super funky routines to all the latest music available. There are several styles of Hip-Hop and throughout the year students will get to experience these.
Jazz & Tap	Jazz & Tap classes are designed to give students a full class of Jazz and Tap. Please read the descriptions in Jazz Only and Tap Only for more understanding.
Jazz Only	Our Jazz classes including technical elements such as isolations combinations, kicks, points, plie and releve, basic positions and the development of flexibility, balance, co-ordination and control. This leads onto jumps, leaps, turns and complex progressions increasing coordination and flexibility.
Jitterbugs (4-5yrs)	Our Jitterbugs program is an extension of Little Fairies and incorporates ballet, jazz and tap. This is a class where fun and discipline go hand in hand. The ATOD syllabus is extended to include tap to lay the next foundations for a creative technical dancer. This class is involved in all Kids & Teens events at the studio No parental assistance required. Students must be 4yrs on or before the 30th April
Rhythm Works	Rhythm works is a rhythm and dance program designed for those with individual learning differences and other special needs. For students, Rhythm works is an integrative dance class that focuses on skill development, self-empowerment, and celebrating our differences. Offered as individual and group classes at Stepnout. Preschoolers- Kids-Teens
Tap Only	Our Tap classes start with the most basic elements: rhythm and timing. We combine toe and heel beats, springs, steps, ball change and combinations, leading onto more complex rhythms, timing and variations in speed.
Technical Training	Technical Training classes are for anyone wanting to extend their current classes obtain great lines and strength and prevent injuries. Elite team this class is compulsory and we would highly recommend this class to anyone wanting to improve in dance for any style. This will be foundation work for every style including acrobatics. This class does not perform any routines in the Concert and is Training only. This class is a great supplement to dancers who want to achieve more, dancers will build core strength, find and maintain their balance, and increase their flexibility.
Private Lessons Vocal, Dance Technique, Bridal Couples	Private singing - If you're enthusiastic about vocal training, our private lessons will guide you through the wonderful world of the music – learning how to explore and test the boundaries of your vocal instrument. Private lessons - private technique lessons help improve confidence and help children get ready to move into a certain class. Private Bridal couples are for wedding dances or any occasion and can be for groups, couples or solo's.
Competition Privates	Students in elite teams or selected students are invited only to attend private solo tuition. Students will have a block of choreography lessons to prepare their routines but this will be complemented by the technical, ballet and jazz classes. Please enquire at the studio for more details.