

Stepnout Performing Arts-Timetable 2020

STUDIO 1					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9.30-10.15 Kinder Kids	10.30-11.15 Delightful Tots	3.30-4.00 Private Dance	10.30-11.15 Delightful Tots	5.15-5.45 Private Singing	9.45-10.30 Fairies
10.30-11.15 Fairies/Elves	11.30-12.15 Fairies/Elves	4.00-5.00 Ballet #2/3	11.30-12.15 Fairies/Elves	5.45-7.00 Glee Club #1/2	10.30-11.30 Jazz/Tap #1
1.30-2.30 Jitterbugs	12.30-1.30 Jitterbugs	5.00-6.00 Lyrical #3/4	12.30-1.30 Jitterbugs	7.00-8.15 Glee Club #3	11.30-12.30 Ballet #1/2
4.30-5.15 Hip Hop # 1	4.00-5.00 Ballet EXAM 1	6.00-7.00 Contemporary #5	3.30-4.00 Private Dance	8.15-8.45 Private Singing	12.00-12.30 Private Singing
5.15-6.15 Hip Hop # 2	5.00-6.00 Ballet EXAM 2	7.00-8.00 Ballet #5	4.15-5.15 Petite Elite Team		12.45-1.15 Private Singing
6.15-7.15 Hip Hop # 4	6.15-7.45 Ballet #4	8.00-9.00 Pre Pointe/Pointe	5.15-6.15 Ballet # 1/2		1.15-1.45 Private Singing
7.15-8.15 Hip Hop #3	7.45-8.45 Ballet EXAM 3		6.15-7.15 Ballet # 1/2		1.45-2.15 Private Singing
8.15-9.15 Adult Jazz/ HipHop	8.45-9.15 Private Dance				2.15-2.45 Private Singing
STUDIO 2					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4.00-5.30 Mini 2 Elite Team	3.30-4.00 Private Dance	3.30-4.00 Private Dance	3.30-4.00 Private Dance	4.00-5.00 Acrobatic Arts #1	8.30-9.30 Private Dance
5.30-7.00 Mini 1 Elite Team	4.15-5.15 Petite Elite Team	4.00-5.00 Tap/Jazz Beg #1	4.00-5.15 Jazz & Tap #2	5.00-6.00 Acrobatics Arts #2	9.30-10.30 Jazz/Tap #2
7.15-9.00 Jnr Elite Team	5.15-6.15 7-10yrs Tech Training	5.00-6.00 Jazz # 6	5.15-6.45 Jazz & Tap #3	6.00-7.00 Acrobatics Arts #4	10.30-11.30 Lyrical #1/2
	6.15-7.45 10-16yrs Tech	6.00-7.00 Jazz # 4	5.30-7.30 Private Singing	7.00-8.00 Acrobatics Arts #3	11.30-12.00 Private Dance
		7.00-8.00 Jazz # 5	7.15-8.15 Tap #4		12.00-12.30 Private Dance
		8.00-8.30 Private Dance	8.15-9.15 Snr Tap /Adult		12.30-1.00 Private Dance
CLASS FEES					
Weekly Class Duration	FEE	Weekly Class Duration	FEE	Weekly Class Duration	FEE
45 mins	16.00	2 hours 45 mins	37.50	4 hours 45 mins	54.50
1 hour	18.50	3 hours	40.00	5 hours	56.50
1 hour 15 mins	21.50	3 hours 15 mins	42.00	5 hours 15 mins	58.50
1 hour 30 mins	24.50	3 hours 30 min	44.00	5 hours 30 min	60.50
1 hour 45 mins	27.00	3 hours 45 mins	46.00	5 hours 45 mins	62.50
2 hours	30.00	4 hours	48.00	6 Unlimited	65.00
2 hours 15 mins	32.50	4 hours 15 mins	50.00		
2 hours 30 min	35.00	4 hours 30 min	52.00		
At Stepnout we love connecting our families to share our love of dance. This is why we created a package pricing system. The more classes you enrol in the lower your hourly rate becomes.					
Calculate the total hours of class time per week to determine your package. Ex- 3 hours of classes is not \$55.50 (3 x \$18.50). Your weekly package fee would be reduced to \$40.00.					
Invoices will be adjusted for studio closure days and number of weeks in the term. All classes have Performance Packs attached. Please see our Fee schedule for a full list.					
nout.com.au	PH: 97416930	E: info@stepnout.com.au	Factory 10, 61-65 Russell St Werribee		
Click Here- Class Registration to book your class online					

Preschool Classes	
Delightful Tots (18mths-3yrs)	Our Delightful tots class is designed with parent interaction in mind, but this can depend on the child, sometimes you'll just sit and enjoy the class at others you can get more involved! The class involves a range of activities including song, dance, gym circuits (perceptual motor program) and music in a fun atmosphere with positive encouragement. Parental assistance required.
Kinder Kids (3-4yrs)	Although this class is designed to help children work independently, we recognise that some children will take longer than others to cope with the separation and independence of this class. The class involves a range of activities including song and dance, gym circuits (perceptual motor program) and music in a fun atmosphere with positive encouragement. No parental assistance required.
Fairies & Elves (3-4yrs)	Little Fairies & Elves classes start by combining coordination with dance and progress to a full dance class. Children learn the first lessons for classical ballet & jazz and work towards performing routines by the end of year. This is a class where fun and discipline go hand in hand. The ATOD preschool syllabus is introduced in this class to lay the foundations for a creative technical dancer. No parental assistance required.
AcroDance Preschool (3-5yrs)	We are excited to be introducing Acrodance Preschool Program. This class is designed to introduce physical literacy, coordination, creative movement and basic acrobatic skills to students aged three to five years. This class can be taken on its own or as an extension class to our Fairies & Elves or Jitterbugs class to help with strength and co-ordination in a fun way. All kids love to tumble and do tricks.
Jitterbugs (4-5yrs)	Our Jitterbugs program is an extension of Little Fairies and incorporates Ballet, Jazz and Tap. This is a class where fun and discipline go hand in hand. The ATOD syllabus is extended to include Tap to lay the next foundations for a creative technical dancer. This class is involved in all Kids & Teens events at the studio. No parental assistance required.
Kids Teens & Adults Classes	
ELITE	
Elite Teams (Petite)- Invitation Only Elite Teams (Minis) - Invitation Only Elite Teams (Juniors) - Invitation Only	Elite Teams are Invitation Only. Students in Elite teams must take advised compulsory classes and can also pick up any other classes they enjoy to compliment their dancing. Please enquire if interested. We do not hold yearly auditions. Potential students will be invited to trial within the class as requested. Compulsory classes are: Technical Training, Ballet, Jazz, Elite Team. Other classes may be taken but are not deemed compulsory.
Competition Privates	Students in Elite Teams or selected students are invited only to attend Competition solo tuition. Students will have a block of choreography lessons to prepare their routines but this will be complemented by the Technical, Ballet and Jazz classes. There are conditions placed upon these session. Please request these conditions if you are interested.
CORE STYLES	
Jazz & Tap	Jazz & Tap classes are designed to give students a full class of Jazz and Tap. Please read the descriptions in Jazz Only and Tap Only for more understanding.
Jazz Only	Our Jazz classes including technical elements such as isolations combinations, kicks, points, plie and releve, basic positions and the development of flexibility, balance, co-ordination and control. This leads onto jumps, leaps, turns and complex progressions increasing coordination and flexibility.
Tap Only	Our Tap classes start with the most basic elements: rhythm and timing. We combine toe and heel beats, springs, steps, ball change and combinations, leading onto more complex rhythms, timing and variations in speed.
Ballet	We start by developing the basic balletic exercise for feet, legs, hands and arm extensions, both at the barre and in the centre. Then we move onto skills requiring focus on co-ordination, strength and control in all five ballet positions, also including adagio, allegro and progressions across the floor. Ballet is the foundation to many styles as it supports correct alignment and posture that can be carried over. To take a ballet exam class all students must be taking 2 ballet classes per week for level 3 and above.
Technical Training	Technical Training classes are for anyone wanting to extend their current classes obtain great lines and strength and prevent injuries. Elite team this class is compulsory and we would highly recommend this class to anyone wanting to improve in dance for any style. This will be foundation work for every style including acrobatics. This class does not perform any routines in the Concert and is Training only. This class is a great supplement to dancers who want to achieve more, dancers will build core strength, find and maintain their balance, and increase their flexibility.
ELECTIVE CLASSES - Students must be enrolled in one of the specified core styles to participate in the following classes	
Contemporary	Contemporary is an expressive dance form with a free, artistic and creative feel. Contemporary draws a lot of its technique from classical ballet but unlike ballet, contemporary often focuses on floor work and dancers will usually perform with bare feet. This class is an extension of ballet and therefore a Ballet core class must be taken to enhance technique.
Acrobatic Arts	Acrobatic Arts students MUST be enrolled in a core subject of Technical Training, Ballet or Jazz core class. Acrobatic Arts is designed with the dancer/performer in mind, by blending classical dance with acrobatic elements while preparing them to execute skills safely on a hard stage floor. Some of the skills look similar to gymnastic elements but are they trained differently to accommodate for the difference in flooring. The top concern of every Acrobatic Arts Certified Teacher is to train dancers safely with strong technique.
Lyrical	Lyrical dance is a dance style that blends elements of Ballet and Jazz dance. Lyrical dance is generally a little more fluid than Ballet and also somewhat faster - although not as rapidly executed as Jazz dance. Lyrical dance is also somewhat smoother and a bit faster than Ballet, but not quite as fast as Jazz. This is a great start to someone wanting to go into Contemporary. Lyrical must be accompanied with a Ballet, Jazz or Technical Training core class.
ELECTIVE CLASSES - No core class is required but it is highly recommended	
Glee Club (Musical Theatre)	We focus on singing, acting and theatre skills and Jazz dance in our programs. Students learn how we can combine these all art forms to tell stories. These classes help give students a broad knowledge of the art form covering a vast range of styles and shows as well as helping them build confidence and discover where their skills lie.
Hip Hop	Mixing incredible athletics with intuitive rhythm control our Hip-Hop lessons are a fun and extremely popular class for boys and girls. Learn the latest moves from your video clips and super funky routines to all the latest music available. There are several styles of Hip-Hop and through the year students will get to experience these.
ADULTS AND PRIVATE CLASSES	
Adults	Whether you want to improve your fitness, brush up on old dance skills or just get out and be social in a fun setting, dance classes are a fun activity to try with friends or a partner, and they'll help improve your overall health and vitality.
Private Lessons - Vocal, Dance Technique & Technical Skills	Private singing - If you're enthusiastic about vocal training, our private lessons will guide you through the wonderful world of the music - learning how to explore and test the boundaries of your vocal instrument. Private lessons - private technique lessons help improve confidence and help children get ready to move into a certain class.